

Walks Around Pillaton



Compiled by Andrew Harris



Produced on behalf of
Pillaton Parish Council



Walks Around Pillaton

The following pages give several walks that I and my wife have done for many years.

Please be aware that NONE OF THESE WALKS ARE FLAT and therefore walk at your own pace and capability.

Although the majority of these walks are around country lanes you should still follow the Country Code:-

- Be safe, plan ahead and follow any signs.
- Leave gates and property as you find them.
- Protect plants and animals and take your litter home with you.
- Guard against all risks of fire.
- Keep dogs under close control and clean up after your dog.
- Consider other people.
- Take special care when walking on Country Roads and you are advised to walk on the right hand side of the road or where you can be easily seen by the oncoming traffic.

Always remember that starting and finishing any of the walks is close to the Weary Friar, always worth that extra stop.

You are advised to wear a good pair of walking boots or shoes and appropriate clothing, depending on the time of year – remember the weather can change before you finish your walk.

For those who wish to venture farther afield, Callington Town council have two leaflets:-

Country Walks around Callington (varying from 1 to 3 miles) and The Ultimate Walk around Callington. (approximately 15 miles)

If any one has any suggestions, comments, or additional walking routes that you know of, please tell us so that they can be included in future editions of this booklet.

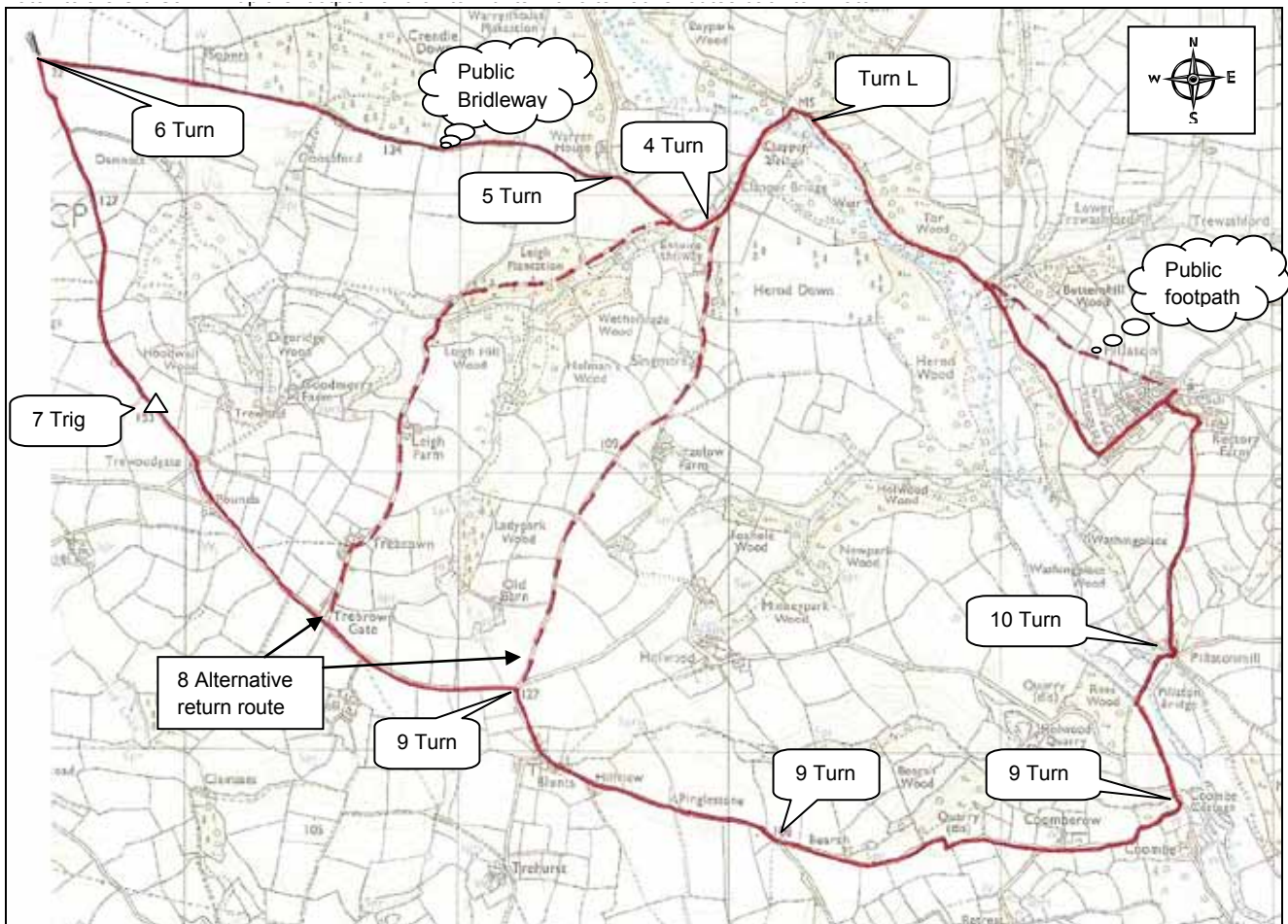
I hope you enjoy the walks.

Andrew Harris



St Odolph's Church, Pillaton

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Walk 1 - Pillaton to the Old Sawmill up the footpath and on to Blunts with alternative routes back to Pillaton

Approximate Distance 8.00 miles (full route) Approximate Time 3 to 4 hours

1. Head West out of the village either via the road or over the field on the Footpath. On both routes you can see the Caradon Mast on Bodmin Moor. The valley and the forest reminds you that we live in an Area of Outstanding Beauty.
2. Continue on through the Valley and past what is left of the weir. The Sluice gate at the side of the weir originally controlled the water flow to Pillaton Mill.
3. Continue along the Lynher via the road to the ancient crossing, Clapper Bridge.
4. Over the Lynher and past the house on the left. As you start to climb the hill take the road that goes to the right. This road drops and goes over a stream Do not turn left at the first junction but carry on up the hill until there is a track on the left (Public Bridleway) the road carries on to the right. The building which just beyond is Warren House, which used to be a sawmill.
5. Take the track up the hill. This is not a made up track and can be difficult under foot and very muddy. Eventually the track joins a tarmac road. Continue on the road.
6. When you arrive at a cross-road, turn left (east) on the tarmac road, towards Blunts. Watch out for traffic on this road.
7. After about a mile and on top of the hill you should find an old surveying trig point. This is situated on top of the hedge. With modern technology these are no longer used. Again the views are far and wide.



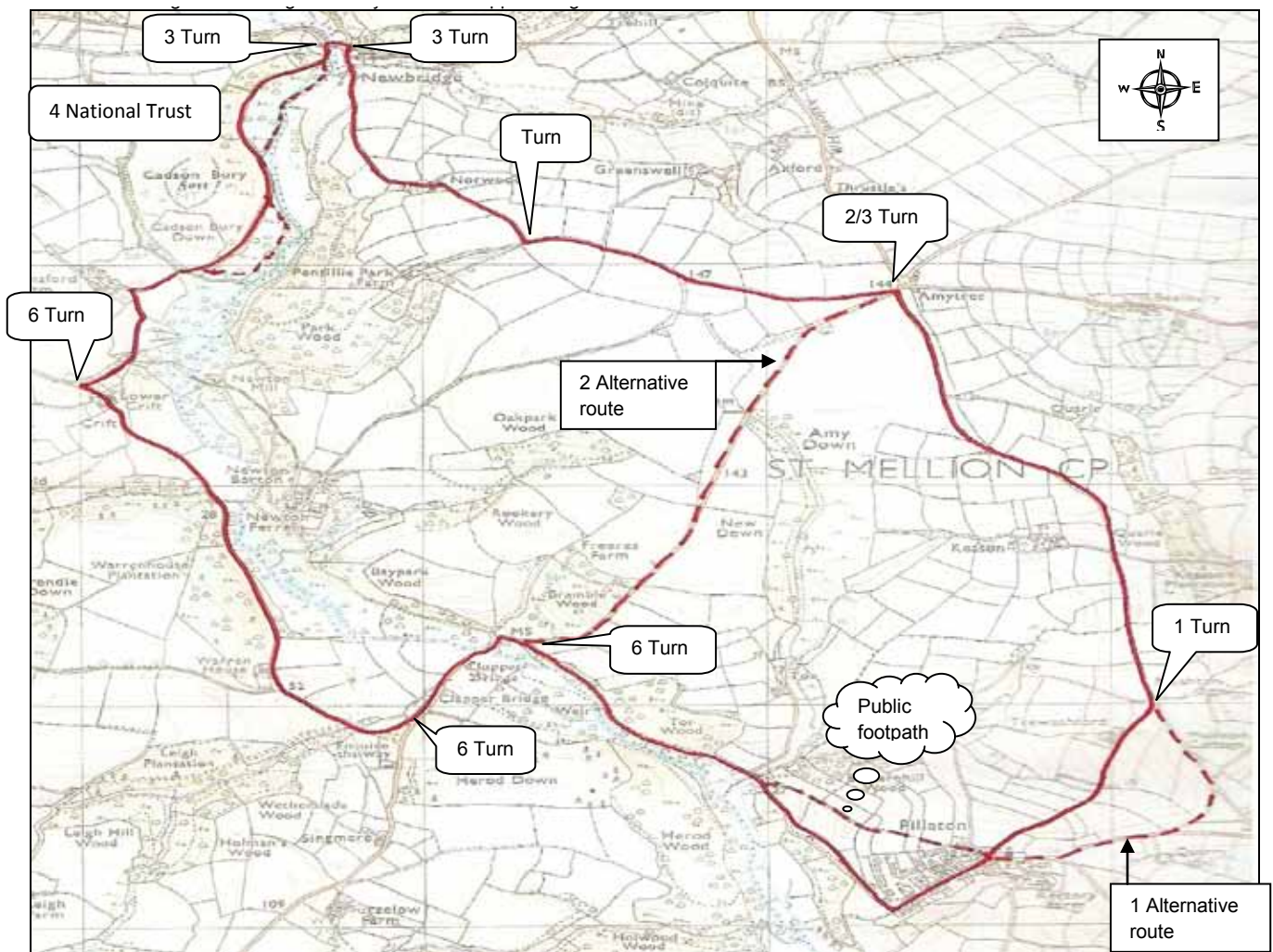
Bridleway

8. At about this point you have a choice to either carry on to Blunts and Pillaton Mill, alternatively turn left at Trebrow Gate or at the next junction. Both routes will bring you back to Clapper Bridge. The Trebrow Gate road is quieter and prettier. Once at Clapper Bridge you have to follow the road back to Pillaton, with the option of climbing the footpath up the hill or the road. Your choice?



Alternative route, turn left via Trebrow Gate

9. Carry on along the road until you arrive at a T junction. Take the road to Blunts (turn right). Having walked through Blunts on the road to Landrake take the next fork in the road to the right (next to the yellow fire hydrant sign), this will bring you down a narrow lane. Keep going down hill to the junction at Coombe Cottage. Turn left.
10. Walk along this road and where the road turns sharp right you will rise up on to another ancient crossing, Pillaton Bridge. Over the bridge and on we go past the Old Mill on the left with the mill leat running past it and under the road. Within 50m is a junction. The left road will take you up the hill to Pillaton, look out for the granite mile stone on the junction.
11. Up the hill pass the farms and just after you pass the Pillaton road sign take notice of the Horse trough on the right which is fed by water from Tiddle's Well, which is 10m beyond secured by a small gate. Next stop Pillaton.



Walk 2 - Pillaton to Callington Newbridge via Amytree and Clapper Bridge

Approximate Distance: 7.5 miles Approximate Time: 3 to 3.5 hours

1. Starting by The Weary Friar pub, you have the choice of taking the route past the church or alternatively the route to the side of the pub. The road to the side of the pub is quieter; but can be muddy at Trewashford Farm where cows are brought in from the fields for milking. Having passed the farm at the top of the hill, turn left. If you decide to take the route past the church, follow the road up the hill, bearing left at the first junction, and then bear left again at the next junction. This will also bring you onto the road to Callington on a flatter route.

2. Head towards Callington up the long gradual climb as far as Amy Tree, which is a junction of 6 roads. I would recommend occasionally stopping and looking towards the south-east, back towards Plymouth, as the views are stunning on a clear day. The views to the west over the hedges and through farm gates are also spectacular. At Amy Tree you have the option of turning immediately left and walking the road which takes you straight down into the Lynher valley (this is the road to Tideford). There is a very steep section going down to the river.

3. At Amy Tree go diagonally left taking the road to Newbridge. Follow this tarmac road until you drop down into Newbridge where you have to turn left on the main road between Callington and Liskeard over the road bridge. You need to be very careful here, as there is no pavement for pedestrians and the bridge is narrow. However, this is approximately only 50m in length. Immediately over the bridge turn left onto the tarmac road.

4. At the National Trust car park you have a choice of walking through the woods along the river or alternatively taking the tarmac road. The two actually end up at the same place.

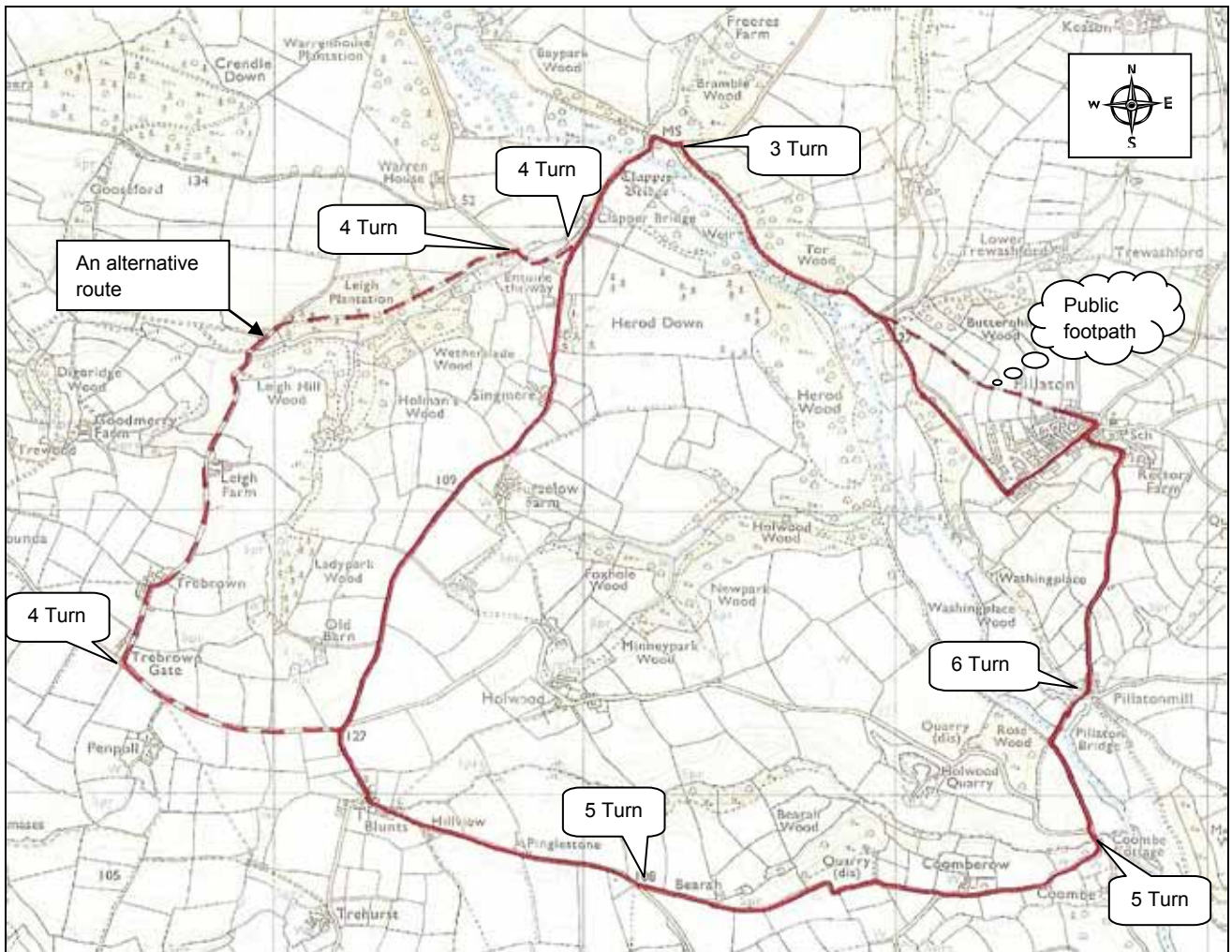
5. If you want to visit Cadson Bury (Iron Age hill fort), take the tarmac road from the car park and after a couple of hundred metres look for a small set of steps with a National Trust sign to the right of the road.

6. Continuing the walk, carry on past Cadson Bury to the point at the top of the hill where the road turns sharply left. Carry on along this road and you will come to a group of houses at which the road inclines steeply up to a small pond on the right. At this point turn left at the junction. Walk up past the farm and down the other side.

Carry on down the hill into the wood where you will come across a ford. There is a footbridge to the left, or if you are wearing wellies you can walk through the ford. Follow the road up through the wood, past the old Sawmill on the right and continue on down over the hill until you rejoin the road to Tideford, but heading north i.e. left. Follow this road until you come to Clapper Bridge. Over the bridge the road turns immediately right and just past the white milestone on the left, take the right fork at the junction. This takes you back along the Lynher Valley, close to the river, past the weir and just beyond the entrance to Tor Farm is the kissing gate which is the start of the footpath up to the village. The footpath in this direction is steep and can be slippery and muddy underfoot up through the fields; there are sometimes cattle in the field. Dogs must be kept on leads and under control. For those not wishing to climb the field, just take the road; approximately 100 yds on the left is a well which used to serve the village. Follow the road until you come back into the village.



White milestone after Clapper Bridge



Walk 3 - Pillaton to Clapper Bridge and on to Blunts via Leigh Plantation. Returning via Pillaton Mill

Approximate Distance 6.5 miles (on alternative route) Approximate Time 2 to 3 hours

1. Head West out of the village either via the road or over the field on the Foot-path. On both routes you can see the Caradon Mast on Bodmin Moor. The valley and the forest reminds you that we live in an Area of Outstanding Beauty.

2. Continue on through the Valley and past, what is left of, the weir. The Sluice gate at the side of the weir originally controlled the water flow to Pillaton Mill.

3. Continue along the Lynher via the road to the ancient crossing, Clapper Bridge.

4. Over the Lynher and past the house on the left. As you start to climb the hill you now have a choice of either taking the more direct route straight on up the hill to Blunts or taking the road that goes to the right which is quieter and prettier. The alternative route drops and goes over a stream Just after the stream turn left. Follow this road up the hill and into the wood. Carry on until you arrive at a junction (Trebrown Gate). Turn left towards Blunts.



Clapper Bridge

5. Carry on along the road until you arrive at a T junction. Take the road to

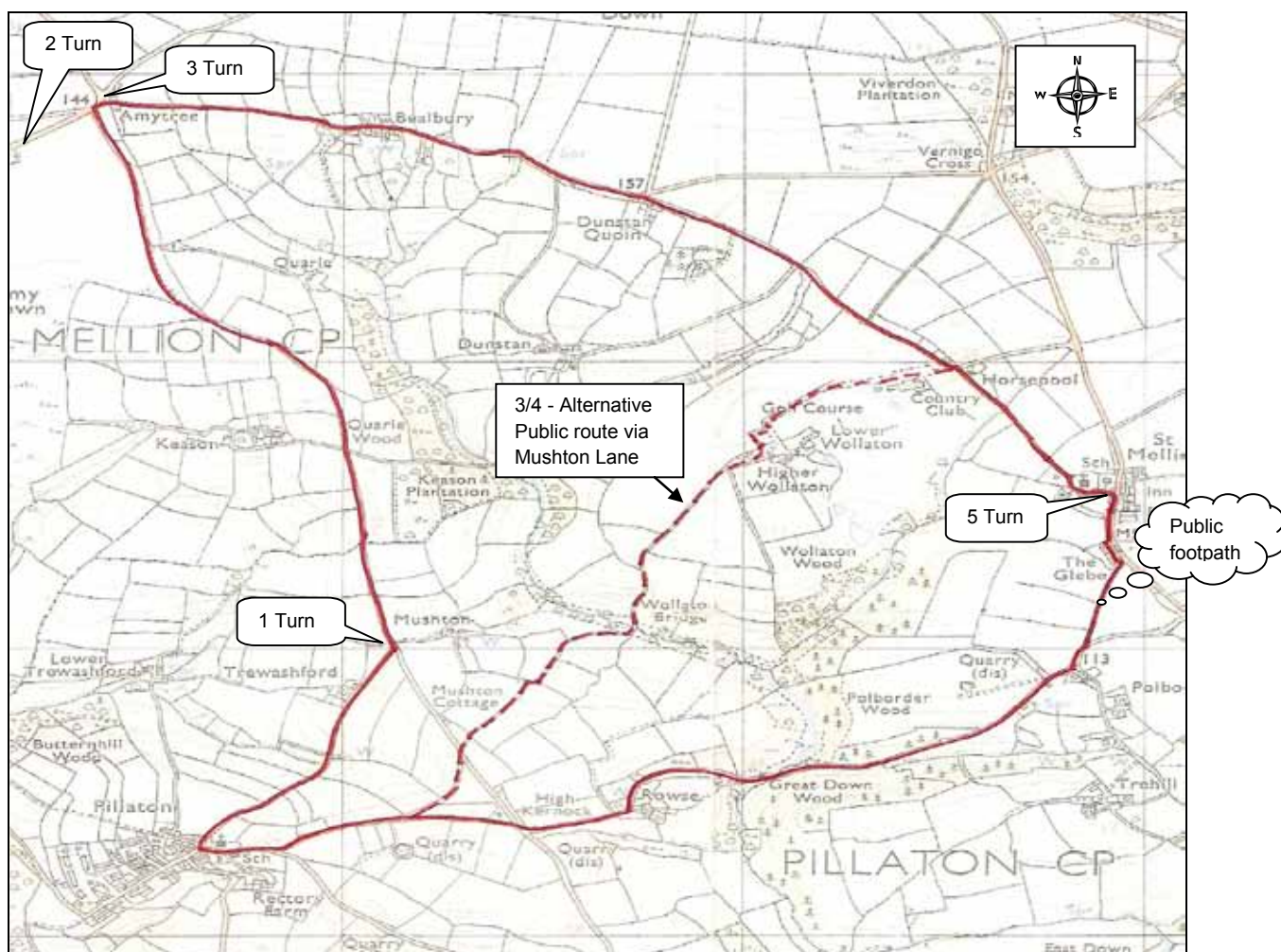
Blunts (turn right). Having walked through Blunts on the road to Landrake take the next fork in the road to the right (next to the yellow fire hydrant sign), this will bring you down a narrow lane. Keep going down hill to the junction at Coombe Cottage. Turn left.



Yellow Fire Hydrant

6. Walk along this road and where the road turns sharp right you will rise up on to another ancient crossing, Pillaton Bridge. Over the bridge and on we go past the Old Mill on the left with the mill-lead running past it and under the road. Within 50m is a junction. The left road will take you up the hill to Pillaton, look out for the granite mile stone on the junction.

7. Up the hill pass the farms and just after you pass the Pillaton road sign take notice of the Horse trough on the right which is fed by water from Tiddle's Well, which is 10m beyond secured by a small gate. Next stop Pillaton.



Walk 4 - Pillaton to St Mellion via Amytree and return by either Polborder or Mushton Lane

Approximate Distance: Mushton route 5.1 miles. St Mellion/Polborder route 5.7 miles

Approximate Time: 2 to 3 hours with coffee

1. Starting by The Weary Friar pub, you have the choice of taking the route past the church or alternatively the route to the side of the pub. The road to the side of the pub is quieter; but can be muddy at Trawashford Farm where cows are brought in from the fields for milking. Having passed the farm at the top of the hill, turn left. If you decide to take the route past the church, follow the road up the hill, bearing left at the first junction, and then bear left again at the next junction. This will also bring you onto the road to Callington on a flatter route.

2. Head towards Callington up the long gradual climb as far as Amy Tree, which is a junction of 6 roads. I would recommend occasionally stopping and looking towards the south-east, back towards Plymouth, as the views are stunning on a clear day. The views to the west over the hedges and through farm gates are also spectacular. At Amy Tree you have the option of turning immediately left and walking the road which takes you straight down into the Lynher valley (this is the road to Tideford). There is a very steep section going down to the river.

3. At Amy Tree turn right heading for Bealbury; follow this road past the Methodist church on the right and bear right at the next fork in the road. This road will lead you down towards St Mellion with a view over the St Mellion Golf Club. At the next junction, which is the road entrance into the Club House (open to non-members and where you can buy a good cup of coffee), you have the choice of carrying straight on over the crossroads to St Mellion or, alternatively, walking down Mushton Lane which is the road that passes the Golf Club. You follow this road down until it becomes a partially unsurfaced track and drops into a small ravine. This is still Mushton Lane, and there is a small bridge over

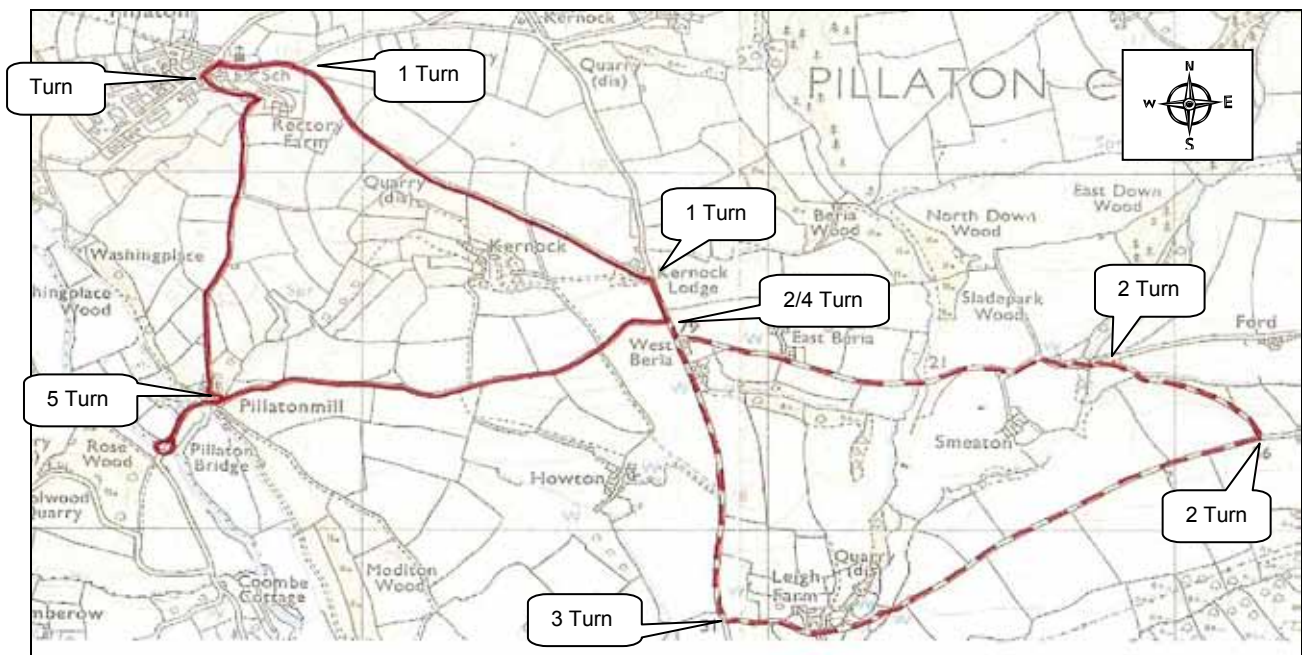
the ravine for golf buggies. Should the route be blocked for any reason at this point, you can walk along the top of the ravine and rejoin it at the bottom.

4. Leaving the end of the ravine, the lane becomes tarmac again as far as Woolaton Bridge, which is the golf course boundary. At this point, the lane is unsurfaced and can be quite muddy and wet over the first 100m. From here walk up over the lane until you come out onto the Callington Road immediately opposite the road leading into Pillaton. Follow the road back into Pillaton.



Coryton Arms

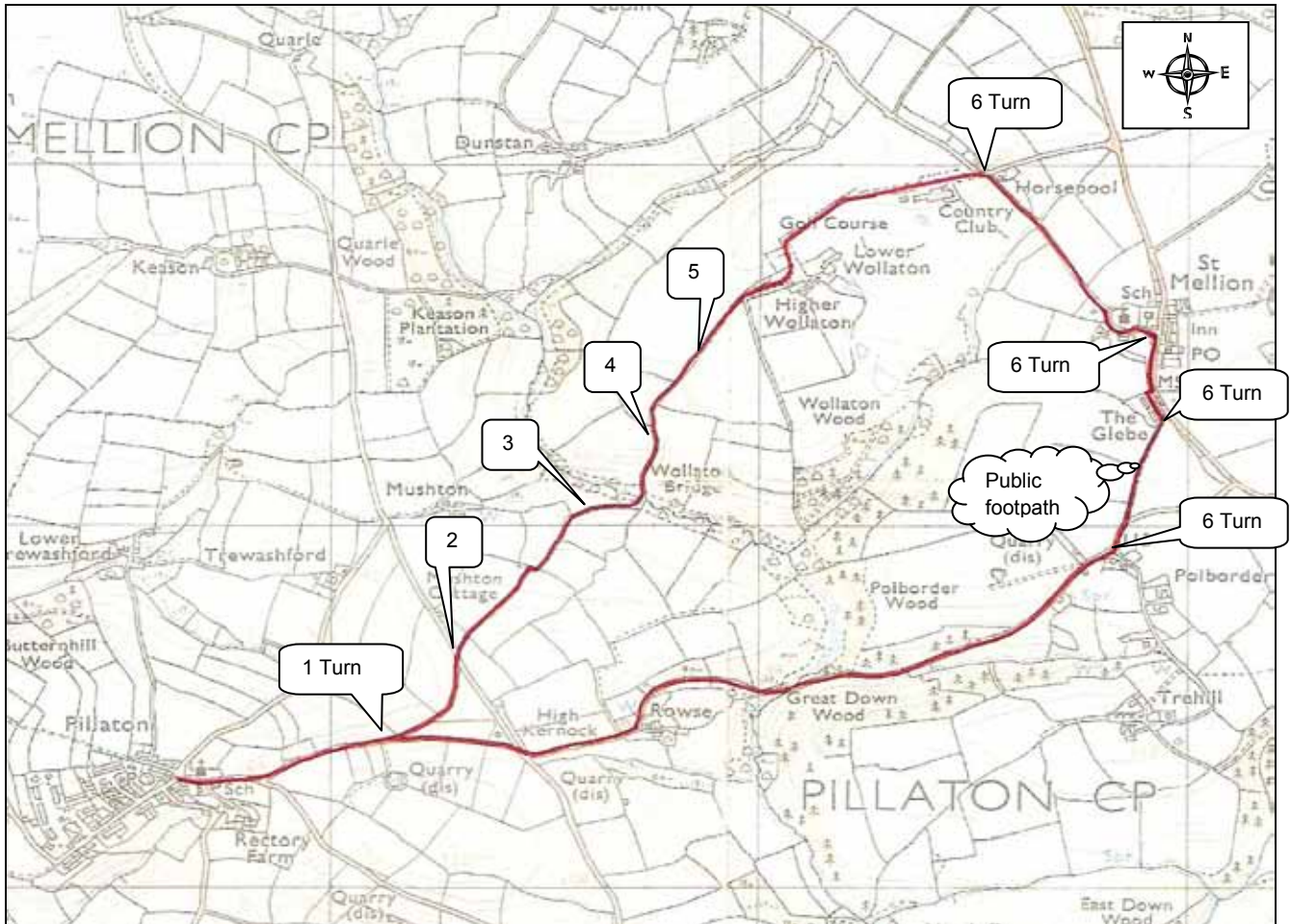
5. For those wishing to continue to St Mellion, without using Mushton Lane, go straight over the crossroads at the entrance to the Golf Club and this road will bring you into St Mellion alongside the church. In St Mellion there is the Coryton Arms which is worth a visit. You are now on the main Saltash to Callington road which can be extremely busy. Stay to the footpath on the right until you get to the entrance to a small housing estate. Take the footpath into the estate and carry on walking south and then turn back towards the main road. On your right is the entrance and stile to a public footpath which takes you across the field to Polborder. When you rejoin the tarmac road at the end of the footpath, go right and then at the next junction take the right fork which will take you down over the hill into the valley and back up the other side past Rowse Farm and up to the staggered crossroads at the top of the hill. Go diagonally across the crossroad, following the sign to Pillaton.



Walk 5 - The exercise route to Pillaton Mill and back

Approximate Distance: 2.5 miles (shorter route) Approximate Time: 45 minutes to 1 hour (shorter route)

1. From the village go up past the Weary Friar pub, on past the church, then take the right-hand fork. Continue on this road until you get to the next T-junction. Turn right, go down the hill towards Hatt and immediately after the entrance into Kernock Park Plants you have the choice of either turning right down the lane; alternatively if you wish to double the length of the walk you can carry on down the hill.
2. To take the longer route, take the next turning left, follow the road down into the valley up the other side, past the entrance to Smeaton Farm, bear left and at the next fork in the road go right which will drop you into a small valley. Continue to the top of the hill, and at the junction turn right (you are now in Leigh Lane).
3. Carry on down this road into the dip and up the other side until you come to the next junction, which is the road leading from Hatt to Pillaton/Callington. Turn right here, up the hill, and that will bring you back to the main entrance to Kernock Park Plants.
4. Turn left just prior to this entrance to continue on the shorter route.
5. Follow the lane down over the hill until you reach the next junction where the road meets the Landrake/Pillaton road at Pillaton Mill.
6. It is worth continuing on to Pillaton bridge which is another ancient bridge.
7. Turn around at this point and head back to Pillaton. Go past the Old Mill on the left with the mill-leaf running past it and under the road. Within 50m is a junction. The left road will take you up the hill to Pillaton, look out for the granite mile stone on the junction.
8. Up the hill pass the farms and just after you pass the Pillaton road sign take notice of the Horse trough on the right which is fed by water from Tiddle's Well, which is 10m beyond secured by a small gate. Next stop Pillaton



Walk 6 - Pillaton to St Mellion via Mushton Lane

Approximate Distance: 4.1 miles. Approximate Time 2 hours with coffee

1. Leave the Village by passing the Weary Friar pub and then the Church. Continue up the hill and bear left at the fork in the road next to the bench.
2. At the next fork again bear left. With 300m you will come to the junction with the road to Callington. Directly opposite is an unsurfaced lane, with a notice saying unsuitable for motors. This is Mushton Lane.
3. Follow the lane down into the valley and over the stream at the bottom. This section can be very wet and muddy.
4. Once over the stream and through a gateway you now enter St Mellion Golf Club at the lower end of the course. Provided you stay on Mushton Lane you are on a public right of way. But you must be aware that several fairways cross the lane at points throughout the Club area. Therefore anyone walking this route should be sensible and keep your eyes and ears open for Golfers using the course.
5. Cross the fairway on the tarmac path and directly ahead the path enters a ravine. Go up the ravine and under the small bridge. At the top of the ravine the track rejoins a tarmac track. Follow this track to the top of the hill and onward past the car park, hotel and Golf Club (open to non-members and where you can buy a good cup of coffee).

6. To continue to St Mellion, go right at the crossroads after the entrance to the Golf Club and this road will bring you into St Mellion alongside the church. In St Mellion is the Coryton Arms, also worth a visit. You are now on the main Saltash to Callington road, which can be extremely busy. Stay to the left on the footpath on the right until you get to the entrance to a small housing estate. Take the footpath into the estate and carry on walking south following the main road. Then turn back towards the main road. On your right is the entrance and stile to a public footpath which takes you across the field to Polborder. When you rejoin the tarmac road at the end of the footpath, go right and then at the next junction take the right fork which will take you down over the hill into the valley and back up the other side past Rowse Farm and up to the staggered crossroads at the top of the hill. Go diagonally across the crossroad, following the sign to Pillaton.



St Melanus' Church, St Mellion

Walks Around Pillaton

The Walks vary from 2.5 miles to 8 miles if you venture to Callington NewBridge.

More detailed information and directions can be found on the Village Web site:- www.pillaton.org.uk/activities.html#walks

NONE OF THE WALKS ARE FLAT but they are very good exercise in some beautiful countryside. Please respect it.

